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DR. LUCIA CICIOLLA, DIRECTOR

Dr. Ciciolla is an Assistant Professor in the College of Arts and Sciences, Department of Psychology at Oklahoma State University. Dr. Ciciolla earned her Ph.D. in Clinical Psychology with an emphasis in child and family science and quantitative science from Arizona State University (ASU), and completed an APA-accredited internship at the University of North Carolina – Chapel Hill School of Medicine in the Child-Community track. Dr. Ciciolla was trained as a clinical scientist with specializations in infancy and early childhood, perinatal and maternal mental health, parenting, trauma, and longitudinal methodology. Her research is broadly focused on understanding processes of risk and resilience within the context of the parent-child relationship, with primary interests in parental caregiving and parent-child interactions as mechanisms underlying children's development and the intergenerational transmission of psychopathology.

The CAMP Lab

The **Child Adaptation and Maternal Psychopathology Laboratory** studies processes of risk and resilience within the context of the parent-child relationship. Our lab is interested in exploring how parental caregiving and parent-child interactions serve as underlying mechanisms for children's psychosocial development and adaptation. We are especially interested in risks associated with maternal mental health and maternal trauma history, and the role of the caregiving relationship in the intergenerational transmission of psychopathology and adverse childhood experiences.



Current Projects

PMAD Screening Tool

This project aims to develop a brief, evidence-based, comprehensive screening tool for the spectrum of perinatal mood and anxiety disorders (PMADs). Early identification of maternal psychiatric symptoms during pregnancy and postpartum is crucial to the prevention and treatment of PMADs, and in turn, the promotion of family health and resilience. However, the screening tools most commonly used during the perinatal period are limited. This project hopes to gain a screening tool for the spectrum of PMADs that is rigorously validated for repeated use during pregnancy and postpartum in a nationally representative sample.



Sleep and Mother- Baby Regulation (SLMBR)

The purpose of this study is to learn more about the risk factors that affect the emotional health of women during pregnancy and following childbirth. We want to understand how harmful childhood experiences and problems sleeping affect women's immune systems and emotional health, and how well babies sleep.



Other Collaborations

Dads & Development of Infants in Oklahoma (DADIO)

This project aims to understand how different caregivers influence infant development. As a field, we know a lot about how differences in mothers' behavior is related to how infant and child health and development. We know much less, however, about how other caregivers contribute directly and indirectly to child outcomes. In particular, it is not clear how fathers support the development of their children and how they might differ from other caregivers like grandparents and step-parents. This study wants to understand the early life experiences for infants that help infants bounce back from hardships. We are interested in learning how families cope with common and uncommon stressors, how they support each other, and how family interactions affect the health of the entire family and the development of infants. We know very little about how fathers influence infant development and mothers' health. This project hopes to gain an understanding of how different physiological profiles (stress hormone levels) among family members are related to infant development. Therefore, we are studying different types of families to see how family members influence each other's health.

The HATCH Project

Researchers at Oklahoma State University, in collaboration with the Center for Integrative Research on Childhood Adversity are interested in learning more about new mothers and their infants in Oklahoma, especially their health, communities, and family relationships. We are recruiting pregnant women living in or around Tulsa, who will be first-time mothers, and are between the ages of 15 and 45 years old.



About Becoming a Research Assistant

- Provides students with “hands on” experience with clinical research
- Assists students in deciding what type of graduate school in psychology they want to pursue
- Helps students gain information and training on the research process

What You Can Expect Working in the CAMP Lab

- Learning more about how parental caregiving and parent-child interactions serve as underlying mechanisms for children’s development and functioning.
- Understanding the research process including: conducting literature reviews, recruiting participants, collecting data, reorganizing and coding data, analyzing data, and providing results.
- Gaining hands-on experience with working with mothers, fathers, children, collecting data.
- Designating 3 hours a week to lab work.
- Attending weekly lab meetings (Wednesdays at 4:00 pm).

Interested in Applying?

- Fill out an RA application found on the CAMP Lab website
- For more information about the CAMP lab visit www.camplabosu.wixsite.com/camplab